

CHINMAYA MISSION
WASHINGTON REGIONAL CENTER
(A non-profit religious organization registered in Maryland)
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Spiritual Discourses in Northern Virginia

Upanishad Ganga

Explore the great knowledge of Upanishads

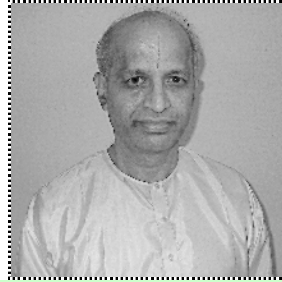
In the grand discourse on Mandukya, the shortest principal Upanishad with only 12 mantras, Swami Chinmayananda quotes from the Mukthiko Upanishad: "Mandukyam ekam kevalam mumukshunam vimuktaye," translated as Mandukyam alone is sufficient for an aspirant to reach liberation. Karikas are compositions in poetic metre that elaborate aspects of a subject or doctrine within the major Upanishad to help simplify the student's learning.

Mandukya Karika

Analysis of the avasthaatraya or three states of the experiences and the truth underlying these experiences

By

Acharya Dr. K. Sadananda



Dr. Sadananda, a retired scientist (US Naval Research Lab), is a disciple of Swami Chinmayananda and is one of the founding members of CMWRC. Dr. Sadananda is a spiritual guide and teacher of the Northern Virginia Chapter of Chinmaya Mission for over fifteen years. He is a gifted teacher who has conducted discourses on a variety of topics which include Bhagavad Gita, Upadesasara, Dakshinamurthy Stothram, Panchadasi, Atmabodha, Mandukya Upanishad, Chandogya Upanishad, Advaita Makaranda and Self-Unfoldment. He continues this great tradition of teaching this year in expounding the Mandukya Karika, written by Sri Gaudapada, the grand guru of Sri Sankara.

Start Date: April 25, 2010

Time: Every Sunday, 6:30 – 8:00 P.M.

Venue: 4625 Holly Avenue, Fairfax, VA 22030

All are welcome

Classes are free of cost

Please spread the word to all your friends and family. For more information, please email krishnakbala@hotmail.com with your phone number or contact information.