

# CMWRC Children's Camp

## Theme - Mother Nature

**Cheers! No school on January 25!**  
**Come to Chinmayam!**  
**Cherish the day with your friends!**

**Date:** January 25, 2010

**Time:** 8:00 a.m. to 5:00 p.m.

**Eligibility:** Grades 1-5

**Fees:** Members-\$60/child, Non-members-\$100/child

### Tentative schedule

8:00 a.m. - 8:45 a.m.	Drop off (Likhita Japa & Reading)
8:45 a.m. - 9:00 a.m.	Surya Namaskar
9:00 a.m. - 9:15 a.m.	Arati and pledge
9:15 a.m. - 10:00 a.m.	Art & Craft
10:00 a.m. - 11:00 a.m.	Snack and play time
11:00 a.m. - 12:30 p.m.	Swamiji's class and hopping game
12:30 p.m. - 2:00 p.m.	Lunch and play time
2:00 p.m. - 3:00 p.m.	Presentation on Wetlands by Dr. A Baldwin (Professor, University of Maryland)
3:00 p.m. - 3:30 p.m.	Snacks
3:30 p.m. - 4:30 p.m.	Study of honey bees by Ms. Evelyn Hogg (Montgomery County Beekeepers' Association)
4:30 p.m. - 5:30 p.m.	Play time and pick up

Each child has to bring his/her own vegetarian lunch. Snacks will be provided. Video games are not allowed. Books, board games and legos are encouraged. Seats are limited to 50 students. Admissions are open and will continue until the seats are filled. Apply early for better chances. Admissions will be confirmed via email. For details on CMWRC visit our website: <http://www.chinmayadc.org>

### Contact:

JR Rao  
Maureen McIver

email: [darsanaandjr@gmail.com](mailto:darsanaandjr@gmail.com)  
email: [maureen.mciver@gmail.com](mailto:maureen.mciver@gmail.com)

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### Registration Form

If you are interested, please send an email immediately to JR Rao ([darsanaandjr@gmail.com](mailto:darsanaandjr@gmail.com)) with the subject "Day Camp Registration"

Last Name:

First Name:

Mother's Name:

Father's Name:

Address:

Telephone:

Home:

Work: (Father)

(Mother)

Cell: (Father)

(Mother)

Email address:

Child's name	Boy/Girl	Grade	DOB

#### Fees:

Members paying monthly contributions: \$60/child, Non-Members: \$100/child

Currently a member on monthly contributions: Yes \_\_ No\_\_.

Check enclosed for \$ \_\_\_\_\_

Please make check payable to CMWRC and submit the check to the Bala Vihar coordinator for the session. Registration is not final until the check is received.

Admissions are open and will continue until filled. **No application will be accepted without a completed Medical Form.** Along with this registration form, please complete the **Parent Volunteer Form** and **Health and Release Form**.

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### Parent Volunteer Form

**Last Name:**

**First Name:**

**Home Phone:**

**Work Phone:**

**Cell Phone:**

**Email:**

CHINMAYA MISSION WASHINGTON REGIONAL CENTER CAMPS are run entirely by volunteers. Your assistance is needed to ensure the smooth operation of the camp. These volunteer jobs are both enjoyable and rewarding! We need every parent to sign up for some preparation or during camp activity. Moms and Dads are both needed. Parents are needed to assist with camp preparations, operations and termination. You will be contacted for specific help needed. Parent volunteers ensure that the camp timings stay on schedule and assists with the overall running of the camp.

*Please mark the boxes for which you are able to volunteer.*

- Assist with Camp 'Set-Up' (weekend of January 23-24)
- Assist with Camp 'Take-Down' (evening of January 25, 2009)
- Volunteer at the camp all day
- Volunteer at the camp in the a.m.
- Volunteer at the camp in the p.m.
- Assist in the camp, as needed.
- Bring Lunch Bhiksha for five-six people (for Swamiji and teachers).
- Donate healthy snacks for children.

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### **Health, Emergency and Release Form**

**Student's Name:**

**Age:**

**Boy/Girl:**

**Address:**

**Home Phone:**

**Work Phone: (Father)**

**(Mother)**

**Cell Phone: (Father)**

**(Mother)**

*In the event either parent cannot be reached, the following persons may be contacted:*

**Name:**

**Relationship:**

**Home Phone:**

**Work Phone:**

**Cell Phone:**

**Primary Care Physician:**

**Phone:**

**Address:**

**Insurance Company:**

**Policy Details:**