



Chinmaya Mission Washington Regional Center

46 Norwood Road, Silverspring MD 20905

Mindful Living

How to live more peacefully as a householder

Tips on practicing Vedanta in the workplace.
Insights into being even-minded at home.
Opportunities to discuss openly and
reflect deeply on how to live more peacefully.



Free Event • For householders only • Childcare will be provided
Register early • Registration is limited to 30 Adult Participants
Attendees have to attend all 3 days

Live more peacefully...

Date

August 9th to August 11th

Time

7:30 p.m. to 9 p.m.

Location

Chinmayam,
46 Norwood Road,
Silverspring, MD 20905

About Acharya Vivek ji: In 2005, the young college graduate was accepted to the intensive two-year Vedanta Course at Chinmaya Mission's Sandeepany Sadhanalaya in Mumbai, India

Through his innovative and passionate style, Vivekji makes the ancient wisdom of Vedanta relevant, reachable, and applicable.

Questions: mindfulliving@chinmayadulles.org

RSVP: mindfulliving@chinmayadulles.org
Please mention how many adults and children will attend the workshop including ages of children

Our mission is to provide to individuals from any background, the wisdom of Vedanta and the practical means for spiritual growth and happiness, enabling them to become positive contributors to society

Mission Motto

To give maximum happiness to the maximum number for the maximum time.