



# CHINMAYA MISSION

Washington Regional Center  
(A nonprofit religious organization registered in Maryland)  
46 Norwood Road, Silver Spring, MD 20905



## One Day Spiritual Camp On July 4<sup>th</sup> 2011 **A LIFE OF TOTAL FULFILLMENT**

(Sri Adi Shankaracharya's **DHANYASHTAKAM**)

by

### Swami Ishwarananda

**At Walkersville Middle School, 55 West Frederick Street, Walkersville, MD 21793**

"**Dhanyashtakam** is a collection of eight beautiful verses composed by **Adi Shankaracharya** that paints the picture of a blessed person. It succinctly describes the goal (true blessedness), the means to reach the goal, the obstacles encountered on the path and how to overcome them. To chant or just to listen to these verses is exhilarating; to meditate and contemplate on their meaning is even more uplifting."



**Swami Ishwarananda**, a disciple of His Holiness **Swami Chinmayananda**, is currently the Acharya of Chinmaya Mission centers at Tustin and Bakersfield, Southern California. Swamiji is a dynamic speaker and has given talks on Vedanta, stress management, management techniques as well as authored several highly acclaimed books: 'ConsciousLiving', 'Silent Search' and 'Dew Drops'. Swamiji's free webcasts on [www.chinmayachannel.com](http://www.chinmayachannel.com) are well known across the world. Swamiji served as the Acharya of Sandeepany Sadhanalaya, Mumbai to oversee and teach Brahmachari course during 2002 – 2004.

<b>Registration</b>	8:00 am – 8:45 am	<b>Session 2</b>	10:45 am - Noon
<b>Session 1</b>	9am - 10:15am	<b>Lunch Break</b>	12:00pm –1:30 pm
<b>Tea Break</b>	10:15am -10:45am	<b>Session 3</b>	1:30 pm – 3:00 pm

(Simple Lunch & Tea will be provided)

**Contact:** **Shiva Vanam @ 301-874-5796, Hariprakasha @ 301-668-3521 and Bijay Dash @ 203-449-4952**

(Direction: Take exit 17 from US-15 N to merge onto MD-26 E/Liberty Rd toward MD-194/Libertytown/Walkersville. Continue onto Woodsboro Pike/Turn left toward W Frederick St/Turn right at W Frederick St Destination will be on the left)

**Registration: \$15 per person (Adult or Child).** Please register before **June 24th 2011**. Children's activities are planned during the discourses.

**Please submit your registrations & check in favor of 'CMWRC' before June 24th 2011 to help us in planning.**

**Mail the forms to Bijay Dash, 9750 Wyndham Drive, Frederick, MD, 21704.** You can pre-register via email to [campfrederick@chinmayadulles.org](mailto:campfrederick@chinmayadulles.org)

Adult Name(s): \_\_\_\_\_ Children's Name/Age: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_