



## CHINMAYA MISSION

Washington Regional Center  
(A nonprofit religious organization registered in Maryland)  
46 Norwood Road, Silver Spring, MD 20905



Presents a

## JNANA YAJNA

**FREE Evening Discourses**

7:00 - 8:30 PM

**July 5 – 7, 2011**

by

**Swami Ishwarananda**

at

Urbana Elementary School, 3554 Urbana Pike, Frederick, MD, 21704

on

## Goals of Life Fulfilled

(Excerpts from **Srimad Bhagavad Gita**)

"In the Bhagavad Gita, Lord Krishna imparts teachings to Arjuna, who has psychologically broken down in the midst of a battle. If the Upanishads or Vedanta (the last section of Vedas) expound philosophical principles discussing human being, world and God, the Gita is a handbook of instructions discussing how everyone can live the subtle philosophical principles of Vedanta in our daily lives. Swamiji will cover selected verses from this glorious text during the course of the talks. "



Swami Ishwarananda, a disciple of His Holiness Swami Chinmayananda, is currently the Acharya of Chinmaya Mission centers at Tustin and Bakersfield, Southern California. Swamiji is a dynamic speaker and has given talks on Vedanta, stress management, management techniques as well as authored several highly acclaimed books: 'Conscious Living,' 'Silent Search' and 'Dew Drops.' Swamiji's free webcasts on [www.chinmayachannel.com](http://www.chinmayachannel.com) are well known across the world. Swamiji served as the Acharya of Sandeepany Sadhanalaya, Mumbai to oversee and teach Brahmachari course during 2002 – 2004.

For details, send email to [campfrederick@chinmayadulles.org](mailto:campfrederick@chinmayadulles.org) or contact

**Shiva Vanam @ 301-874-5796, Hariprakasha @ 301-668-3521 and Bijay Dash @ 203-449-4952**

**(270 Southbound.** Take the MD-80 exit, Exit 26, toward URBANA/BUCKEYSTOWN. At the end of the ramp, enter the roundabout and take the 1st exit onto MD-80 E/FINGERBOARD RD. At the traffic circle, take the 3rd exit onto **Sugarloaf Pkwy.** . Turn left onto **Urbana Pike** Destination will be on the left

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